
Greenbush News

September
2011



LifeCare Greenbush Manor & Assisted Living 19120 200th Street Greenbush, MN 56726 (218) 782-2131

Celebrating September

Better Breakfast Month

Happy Cat Month

Labor Day
September 5

Grandparents Day
September 11

**International Housekeepers
Week**
September 11-17

Mushroom Picking Day
September 18

International Day of Peace
September 21

First Day of Autumn
September 23

Good Neighbor Day
September 28

Fall Astronomy Week
September 26 - October 2

It is hard to believe we have been in our new facility ten months. I cannot thank staff enough for the tremendous job they did adjusting to the new work environment and most importantly never losing focus on the reason we are here - which is to care for our residents, patients and community.

The positive feedback from residents and family concerning the increased privacy and “home like” environment in the new facility has been great. It was a huge adjustment for residents and staff moving from an environment with 40 residents in approximately 7,500 sq. feet to 40 residents with over 24,000 sq. feet. We did the best we could to prepare for the incredible change; but until we actually moved in, it was nearly impossible to comprehend.

The Assisted Living wing of the building has been maintaining a 90% occupancy level. It has been a joy to watch the evolution of this new service within our Medical Park. The Assisted Living has quickly exceeded our expectations.

The Wellness Center/Rehab Services has also been a huge success with over a hundred community members who have purchased memberships. I encourage anyone who has not personally seen the new Wellness Center and equipment to do so.

The Altru Clinic has also seen an increase in volume since moving into the new facility. Providers and patients have enjoyed the addition of the digital imaging (x-ray) capabilities and the modern work space. I am happy to announce that Dr. Anthony Anderson will begin seeing patients one day a week at the Altru Clinic Greenbush and LifeCare Greenbush Manor beginning December 2011. Dr. Anthony Anderson is joining us from New Mexico and is excited about starting his practice in Greenbush and Roseau. Please join me in welcoming Dr. Anthony Anderson and his wife, Cynthia, to northern Minnesota.

Thanks again to our residents, patients, staff and community for all your support and understanding during this period.

Shannon Carlson, Administrator
LifeCare Greenbush Medical Park

*Van
Outing
to
Shannon
&
Julie
Carlson's*



Patio and Pool Party



Assisted Living - Together is a wonderful place to be!



Springsteel Resort Fishing Trip



Krumkake & Floats



*Visit
with
the
Reptile
Man
at
the
Greenbush
Library*



Happy Fall! I cannot believe it is almost a year ago that we moved into our new facility. It has been an exciting time for everyone from residents and families to staff. We have decided it is time to get our newsletter started again to keep you informed of things going on within our facility.

I am super excited to let you know of our plans to have our coffee/gift shop open starting Monday, Sept. 26th. The hours for the coffee/gift shop will be Monday and Wednesday from 8:30 a.m. - 2:30 p.m. We will be selling cards & gifts along with cappuccino, coffee, dessert, sandwiches and many more delicious items. Stop in and check it out!!

We have made a few changes in our activities as well. We have been debating if we should continue to do all the activities combined with the assisted living or do some separate. We have decided to do both to better meet the needs of both the manor and assisted living residents. We have created two separate activity calendars – Karen Hedman, Household Coordinator, will be doing the Greenbush Manor calendar and I will be doing the Assisted Living calendar. Many activities will be done jointly as well as some individual ones will be offered. If there are things you would like to see on either of the calendars please feel free to contact Karen or myself at any time. We welcome any and all suggestions. If you would like to reserve the community room, please give me a call and I will add it to the calendar.

If you have an email address and you would like to forward it to me that would be great! Copies of the calendars are posted in all the resident rooms and also in the business office. The newsletter and the activity calendars are also located on the LifeCare website at <http://www.lifecaremedicalcenter.org/>.

We are planning to have a resident/family/staff picnic on Sunday, September 18th from 11:30 a.m. to 1:30 p.m. It will be held in the center courtyard as well as in the community room.

A volunteer meeting will be held on Wednesday, September 21st at 11:00 a.m. with a light lunch to follow.

I look forward to seeing all of you at the picnic on September 18th. Please feel free to call or email me at any time with ideas, concerns or suggestions. Be sure to stop in for a visit with your loved one and check out our new coffee/gift shop.

Stacy Hahn, Activities/Assisted Living Supervisor (218) 782-6138 shahn@lifecaremc.com

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As we all know, there are two neighborhood kitchens in our new facility within the skilled areas. Friends, & families come to visit, and it is our nature to have coffee with others when we socialize. Since the kitchens also house food for the ones we care for here, we have to limit the people who enter the kitchen to staff that are trained to work in these areas. We want to continue to offer coffee to those who visit, so there are coffee carafes on the outer countertop for people to help themselves, without having to go into the kitchens. As a health facility our regulations want to make sure that the areas that are providing food are safe, and free from any contamination. We want to thank everyone for their help and understanding. We want everyone to be able to sit, visit, and enjoy our new dining areas over a cup of coffee!

Kristi Gustafson, Director of Nursing
